

# Covid -19 Awareness Campaign by CPS under the Guidance of CISCE, New Delhi



## COVID-19

Protect yourself and loved ones



Help prevent the spread of respiratory diseases like COVID-19

### WASH YOUR HANDS

Wash your hands with soap and warm water regularly.



### COVER A COUGH OR SNEEZE

Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hand afterwards.



### DON'T TOUCH

Avoid touching eyes, nose or mouth, especially with unwashed hands.



### KEEP YOUR DISTANCE

Avoid close contact with people who are sick



### STAY HOME

If you experience respiratory symptoms like a cough or fever, stay home.



### GET HELP

If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider.



**Courtesy : Contai Public School**

**KEEP  
DISTANCE  
FROM OTHERS**



**COUNCIL FOR THE INDIAN SCHOOL  
CERTIFICATE EXAMINATIONS, NEW DELHI**



**2 meters or 6 feet  
minimum**



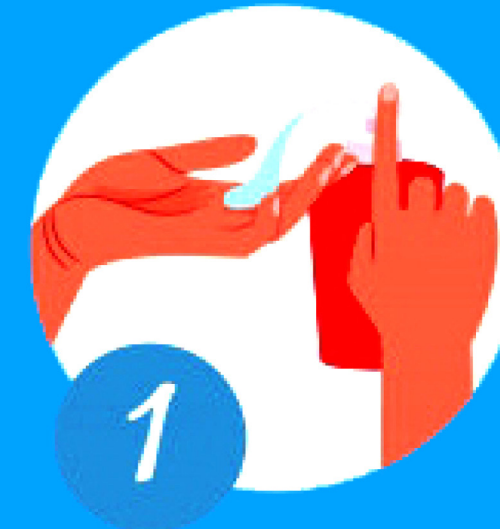
***Courtesy : Contai Public School***

**COVID-19  
PREVENTION**

# WASH HANDS THOROUGHLY



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COVID-19  
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← 2 meters or 6 feet  
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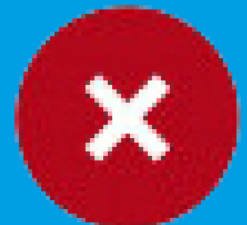
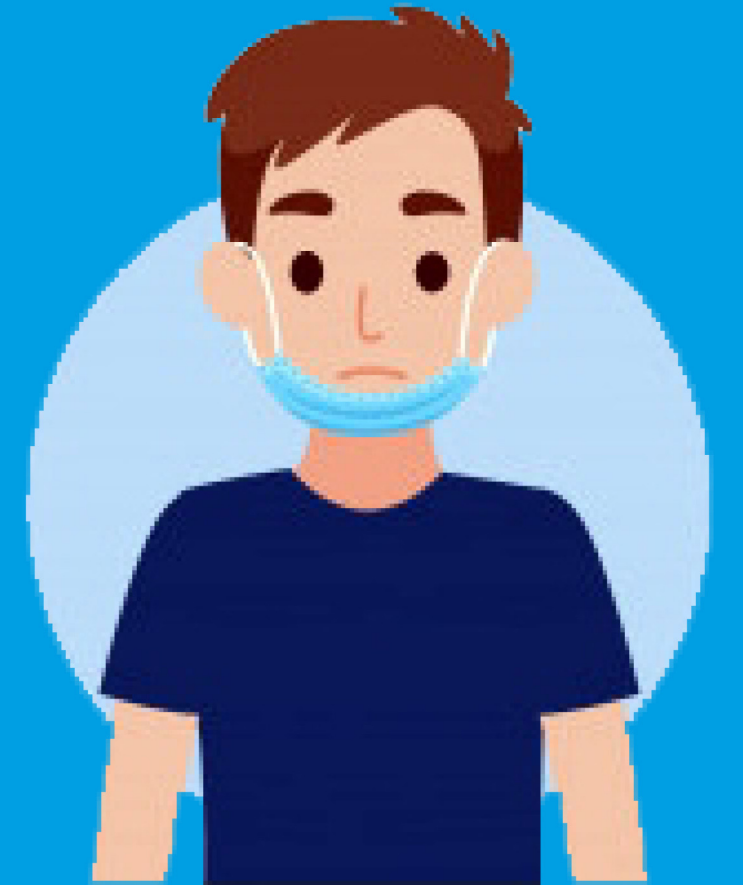


*Courtesy : Contai Public School*

**WEAR  
MASK  
PROPERLY**



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